



# National Curriculum Long Term Planning Overview 2022-2023

## Year 1

Autumn Term 2023															
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
PSHE Returning to school Rules and routines	Science – Animals Including Humans (Animal Classification)						Science - Seasonal Changes (Autumn)		Science – Animals Including Humans (The Human Body)					D.T. – Design objects (seasonal focus)	
	History – Changes Within Living Memory (I'm Making History)						Geography – What is my Place Like?								
P.E. – Basic Movement (coordination/agility) & Games (throwing and catching) PSHE – Being Me in My World R.E. – What can we learn about Christians from visiting a church? Music – My Musical Heartbeat Computing – Computing Systems and Networks: Technology Around Us Art – Explore and Draw: Spirals								P.E. – Multi-skills & Tag Rugby PSHE – Healthy Me R.E. – Why are Gifts Given at Christmas? Why is Jesus Special for Christmas? Music – Dance, Sing and Play Computing – Creating Media: Digital Painting DT – Making Sandwiches and Fruit Kebabs							
Spring Term 2024															
1	2	3	4	5	6	7	8	9	10	11	12				
Science – Seasonal Changes (Winter)	Science – Use of Everyday Materials						Science – Seasonal Changes (Spring)	Science – Caring for the Planet							
History – History Detectives: Spot the Difference							Geography – What Can I Find in my Corner of the World?								
P.E. – Gymnastics & Racquet Skills PSHE – Dreams and Goals R.E. – Easter Story Music – Exploring Sounds Computing – Programming: Moving a Robot Art – Expressive Painting: Watercolour								P.E. – Games (dribbling, dodging and agility skills) & Dance PSHE – Celebrating Differences R.E. – What can we Find Out About Buddha? Music – Learning to Listen Computing – Data and Information: Grouping Data DT – Felt Faces							
Summer Term 2024															
1	2	3	4	5	6	7	8	9	10	11	12	13			
Science – Plants							Science – Planting, Growing and Cooking					Science – Seasonal Changes (Summer)			
History – Who has Helped Make History (Grace Darling and Norman Cornish)							Geography – What is my Country Like?								
P.E. – Games (striking and fielding) & Athletics PSHE – Relationships R.E. How do Hindus Worship? Music – Having Fun with Improvisation Computing – Creating Media: Digital Writing Art – Working in Three Dimensions: Making Birds							P.E. – Multi-sports & Athletics R.E. – What does it Mean to Belong in Hinduism? PSHE – Changing Me Music – Let's Play Together Computing – Computer Science DT – Programming: Animations								